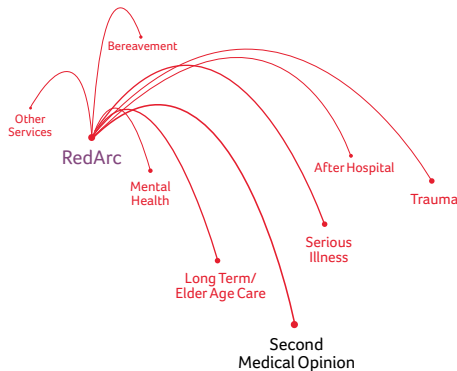


## UK Second Medical Opinion



For people who wish to have a second opinion on a diagnosis, we can arrange this from within the NHS or private sector in the UK or Ireland.

Consultations will usually be face to face and all recommendations will be in line with UK NICE guidelines.

The same Personal Nurse Adviser is available by telephone on an unlimited, ongoing basis and will provide a wide range of support, tailored to each patient, particularly:

- Help to determine the likely benefits of getting a Second Opinion in their particular circumstances
- Which route to take (UK NHS, UK Private)
- Help in understanding the results and deciding on a course of action
- Support in coming to terms with the consequences of their condition
- Ongoing practical advice and emotional support for as long as the person requires it

*“The NHS gives patients the rights to make choices about different aspects of the care they receive, from which GP or hospital best meets your needs, to the different treatment options available to you.”*

*British Medical Association*

---

## Case Study

Mrs B got in touch with RedArc because she had been through so much over the last 2 years following the diagnosis of breast cancer.

She had undergone radical treatment, leaving her with permanent swelling and loss of mobility in her arm and constant low grade pain.

There had been a lot of discussion regarding further surgery, radiotherapy and medication.

Mrs B had lost all confidence in the 2 consultants she had been seeing and was desperate to see someone new; someone who could give the situation a proper over view and review everything that has happened, objectively.

Her RedArc Personal Nurse Adviser discussed the possibility of a Second Opinion with Mrs B – she was feeling anxious and felt that the only answer for her was to get an independent opinion.

We advised Mrs B to see her GP to organise a letter for the new consultant.

RedArc then contacted the consultant's secretary and arranged a prompt appointment for Mrs B.

Mrs B spent 40 minutes with the consultant, discussing progress so far and looking at options for the future.

She felt far more comfortable, having got a detailed explanation of the treatment she had already received, and reassured that she could make better informed decisions about her treatment going forward.

Mrs B was very grateful, and will continue to be supported by her RedArc Personal Nurse Adviser, as she carries on along her journey.

---

*“You have been the only person who has truly listened to me about my condition. RedArc has turned my life around by funding my 2nd opinion with a fantastic neuro-surgeon who has given both my wife and myself hope again. Thank you so much.”*