

We aim to produce teeth that are straight, fit properly and function well. However, you should be aware that your teeth have the ability to move throughout your life and that your facial bones and teeth will change as you get older. It is not possible to guarantee that your teeth will always remain straight after orthodontic treatment since our control stops when the appliances are discontinued. Most cases require retention for between 9 and 18 months. Some situations require longer (or shorter) periods. This will be explained to you.

When do I get my braces off?

- ☞ When all the spaces are closed
- ☞ When the upper teeth fit the lower teeth properly
- ☞ When the teeth are straight.

How can I speed up my treatment?

- ☞ Be on time for your appointments
- ☞ Wear your appliances and any headgear or rubber bands as directed
- ☞ Keep your teeth clean and see your own dentist for regular check-ups
- ☞ Do Not Break the Braces.

**43 Guildford Road
Horsham
West Sussex
RH12 1ND**

Tel: 01403 266017

www.bracesussex.co.uk

WELCOME TO OUR PRACTICE

Our aim is to provide treatment in a comfortable and relaxing atmosphere. We are always happy to have your comments.

Dr D C Bryan
BDS MSc FDS RCPS(Glasg)
M.Orth RCS(Eng)

Dr N Alwash
Stat FDS RCS (Eng) MSc M.Orth (Eng)
M.Orth (Edin)

Dr J Cliff
BDS MFDS RCS MSc MOrth RCS Edin

43 Guildford Road
Horsham
West Sussex
RH12 1ND

Tel: 01403 266017

Dental Care We are a Practice that specialises in Orthodontics only. We strongly advise you to continue to see your dentist regularly. ***If you change dentist, please tell us.***

Private or NHS? Both private and NHS orthodontic treatment is available to patients under 18 years of age. Adult patients are only seen for consultation privately, following which options and treatment costs will be discussed.

Please note that under current rules an NHS consultation appointment does not necessarily imply that treatment will be available on the NHS. We will inform you of the possible options but reserve the right to treat as we feel appropriate.

Appointments If you have to cancel an appointment, please give us at least 24 hours' notice. Orthodontic appliances require regular adjustment and delays will lengthen the treatment. Current NHS rules state that two missed or failed appointments can lead to the termination of treatment.

Facilities for the disabled Our Practice has been adapted to aid wheelchair access.

Keep us informed We will ask about the patient's medical history. It is important that we are kept informed of any changes to your health or to any medication that you may take.

Dental Health Any orthodontic appliances require a high standard of cleaning. If food debris and plaque is allowed to build up about the braces, then the material will attack the tooth enamel and damage the gums. The damage may be permanent.

Patient Responsibilities

- ✎ Please give us as much notice as possible if you have to cancel or change your appointment.
- ✎ Please request a written treatment plan if you would like one.
- ✎ Please ask about any aspect of your treatment that you do not understand.
- ✎ Please look after your teeth and gums. Remember, keeping your mouth healthy will be more difficult with braces and will take more time and more effort.
- ✎ Please pay any charges promptly. Failure to pay a statutory charge will result in the termination of treatment.

Complaints If you have any complaints regarding your treatment, please speak to your orthodontist or a member of staff. We operate an in-house complaints procedure.

Abusive and Violent Behaviour If a patient or parent or guardian is abusive or violent to any staff, treatment will be terminated and the Police and PCT informed.

Confidentiality Strict confidentiality of patient's records and information is maintained at all times. Patient records or information will not be passed to third parties without the express consent of the patient or their parent or guardian.

Dental Services All dental services in West Sussex, including orthodontics, are commissioned and supervised by the West Sussex Primary Care Trust, 1 The Causeway, Goring-by-Sea, Worthing, West Sussex BN12 6BT, 01903 708400. NHS Direct can be contacted on 0845 4647 for health advice and information.

To find an NHS dentist, please phone the NHS Dental Helpline on 0300 1000 899.