



## Christmas Cards

As a reflection of our commitment to the environment, our team and the wider community we are once again making donations to two charities rather than sending Christmas cards. Both charities have touched the lives of our team members, you can find out more information on each of these charities below.

## The Dame Vera Lynn Trust

The Dame Vera Lynn Trust for Children with Cerebral Palsy provides a specialist service for families of young children with cerebral palsy and other disabilities. The Dame Vera Lynn Trust School for Parents works in partnership with families to educate the young child with motor learning difficulties. It supports families with babies and children under five.

All the services they offer are provided free of charge, they receive no statutory funding and rely entirely on the support of the community to help raise funds.



## Hampshire Asbestos Support & Awareness Group (HASAG)

HASAG provides advice and support to sufferers of asbestos diseases.

HASAG offer a completely free and confidential service to victims of asbestos related diseases and their families right across the south, providing desperately needed support.

The free services they provide include: help and advice on benefits; home visits; monthly support group meetings, information about asbestos-related illnesses.



## **Photo Competition**

We also ran a Christmas photo competition for our team, the winner was Michelle Garner with her lovely picture of a post box in the snow. Congratulations to Michelle.